

Red Oak Family Foundation Resource Library

We understand that no matter where you are on your Autism journey, you may feel overwhelmed determining which resources may be the best fit for you or your family. This document highlights resources that Red Oak families have personally found to be helpful to them. Our hope is that this resource library will serve as a curated guide to anyone needing support navigating Autism resources in Central Ohio.



The Red Oak Family Foundation does not endorse any specific program, treatment, therapy or professional providing said therapies. All information is provided for informational purposes only. Inclusion of any resource herein does not imply endorsement, and omission does not imply disapproval.

Last Revised September 2024

Table of Contents

Early Identification & School Aged Resources.....page 3

Private Therapists & Outside Therapy Centers.....page 5

Additional Local Organizations.....page 15

Services.....page 18

Early Identification & School Aged Resources

Childhood League Center	
What They Do	They serve children birth through five years of age with developmental delays. EI services are home based, serving children from birth to age 3 with delays. Toddler classes are center based, for 2 year olds with and without delays. The preschool is center based for children 3-6 years of age with and without delays.
Process to Obtain Services	Call 614-253-6933 and ask for Family Services.
Website	https://childhoodleague.org/
Additional Information	-School year program runs from September to May but they accept referrals year round. -They offer family supports including parenting classes, advocacy supports, and financial planning advice.
Notes:	

Help Me Grow- Early Intervention (EI) Services	
What They Do	Statewide coordinated system that provides EI services to families with eligible children under the age of three with developmental disabilities or delays. EI teams may work in the home to create an Individualized Family Service Plan (IFSP) outlining and coordinating available services to support the learning and development of your child.
Process to Obtain Services	Visit the following website to begin the referral process: https://odh.ohio.gov/know-our-programs/help-me-grow/Refer-to-Help-Me-Grow
Website	https://odh.ohio.gov/know-our-programs/help-me-grow/welcome
Additional Information	-Help Me Grow is of no cost to you or your family. -Call 1-800-755-GROW for support in completing the referral process if needed.
Notes:	

Nationwide Children's Hospital (NCH) Center for Autism Spectrum Disorders	
What They Do	NCH utilizes a multi-disciplinary and comprehensive approach to provide evidence-based treatment, education, research, and advocacy for children with ASD. NCH provides the following services and programming: diagnostic assessments, behavioral intervention programming, Autism outpatient psychotherapy, complex behavior programming, community outreach and supports, and an adolescent transition program.
Process to Obtain Services	A physician may make a referral on your behalf or you may request an appointment using the following website: https://www.nationwidechildrens.org/request-an-appointment?spec=cc2a4833-a750-4f33-9038-a6fc87a7da59
Website	https://www.nationwidechildrens.org/specialties/center-for-autism-spectrum-disorders
Additional Information	-NCH often has a wait list so be prepared for the possibility of a delay. -Call 614-722-6200 if you prefer to speak to someone over the phone.
Notes:	

Nisonger Center at The Ohio State University - Child & Adolescent Services	
What They Do	Nisonger offers multiple services, programs, and clinics. These include: dental services, clinical support services, an early learning program, interdisciplinary developmental clinic, neurodevelopmental diagnosis clinic, social programs, transition age clinic, and school-aged autism and developmental clinic.
Process to Obtain Services	Due to the vast array of services offered, we recommend calling Nisonger at the number below or completing the form on their website as some programs have different eligibility requirements or require referrals from different sources.
Website	https://nisonger.osu.edu/
Additional Information	-Call (614)-685-3192 for additional information.
Notes:	

Private Therapists & Outside Therapy Centers

Columbus Speech and Hearing	
What They Do	They offer speech and language evaluations, individual in person and teletherapy services. Additionally they provide evaluations for speech generating devices, consultation for existing AAC users, and therapy strategies for AAC users.
Process to Obtain Services	Call (614) 263-5151 or request an appointment by following the link below: https://columbusspeech.org/request-appointment/
Website	https://columbusspeech.org/
Additional Information	<ul style="list-style-type: none"> -Locations in Clintonville, Dublin, and Westerville. -They accept multiple insurances. If your insurance is not accepted, they may submit a claim to your insurance on your behalf for potential reimbursement. -Speech evaluations are typically scheduled 2-4 weeks out.
Notes:	

Columbus Therapy Associates LLC (CTA)	
What They Do	CTA is a pediatric speech-language practice offering virtual and in person services.
Process to Obtain Services	Call (614-595-9037) or email: therapyteam@ColumbusTA.com
Website	http://www.columbusta.com/
Additional Information	<ul style="list-style-type: none"> -CTA accepts a variety of funding sources including several insurances, Autism and Jon Peterson Scholarships, and Delaware, Franklin, and Fairfield County Boards of Developmental Disabilities funding. -Clinic is located in Grandview, Ohio
Notes:	

Delaware Speech and Hearing	
What They Do	They provide individualized, private speech and language services.
Process to Obtain Services	Request an appointment by following the link below: https://www.delawareshc.org/contact/ You may also call (740) 480-4077 to request an appointment.
Website	https://www.delawareshc.org/
Additional Information	-Locations in Powell and Delaware
Notes:	

Flourish Child and Adolescent Counseling LLC	
What They Do	They offer Outpatient Pediatric Speech-Language Therapy, Occupational Therapy, Feeding/Swallowing Therapy as well as Social-Language Groups.
Process to Obtain Services	Follow the steps outlined in the link below to begin the process of obtaining services: https://flourishtherapyohio.com/resources/getting-started
Website	https://flourishtherapyohio.com/
Additional Information	-They accept a variety of funding sources including several insurances, Autism and Jon Peterson Scholarships, Delaware County Board of Developmental Disabilities funding, as well as HSA and FSA. -They do not accept funding from Franklin County Board of Developmental Disabilities, Medicaid, and Medicare.
Notes:	

Rose Speech Therapy	
What They Do	Rose Speech Therapy is a private, pediatric practice offering speech, language, and feeding therapies utilizing a strengths based approach.
Process to Obtain Services	Call or email to schedule a free phone consultation. From there, you will schedule an in home evaluation. If your child has been evaluated within 6 months, this step may be waived if you share the results of that evaluation. Based on assessment results, recommendations will be shared. Email: lauren@rosespeech.com Phone: (614) 333-8768
Website	https://www.rosespeech.com/
Additional Information	-Services can be provided at home (within a 15 minute radius of the Hilliard based practice), virtually, or at The Be Well Collective in Upper Arlington. -Private pay clinic that also offers Superbills (a document that may be submitted to insurance for the possibility of reimbursement).
Notes:	

Inclusive Recreation and Leisure Opportunities

A Kid Again Central Ohio	
What They Do	A Kid Again is a children’s charity that offers free, destination events throughout the year called Adventures. Each Adventure allows kids and their families the opportunity to foster hope, happiness, and healing while building a network of support for families.
Process to Obtain Services	Complete an enrollment form online and wait to be approved or contacted by the Medical Advisory Committee.
Website	https://akidagain.org/chapter/central-ohio-chapter/
Additional Information	-Your child must be under 20 years of age and have a diagnosis deemed life threatening by a medical professional.
Notes:	

Adaptive Sports Connection	
What They Do	Adaptive Sports Connection is dedicated to serving veterans, children, and adults with disabilities through outdoor and therapeutic recreation and education. They focus on an athlete’s ability to participate at their own level and pace, offering a variety of adaptive sports equipment, and lessons on safety and skills. They also teach family members skills needed for each adaptive sport so that you can enjoy all sports as a family.
Process to Obtain Services	You may purchase a yearly membership online at a reduced rate. Memberships are not required to participate. You must also complete a liability waiver and a member profile.
Website	https://adaptivesportsconnection.org/
Additional Information	-Email info@adaptivesportsconnection.org with any specific questions you may have. -Scholarships are available.
Notes:	

Get Air	
What They Do	Get Air offers trampolines, foam pits, obstacle courses, ninja activities and more.
Process to Obtain Services	Complete a waiver online or in person. Purchase general admission passes. Price is dependent upon the height of the jumper. Special grip socks are required to participate.
Website	https://getairsports.com/
Additional Information	<ul style="list-style-type: none"> -Get Air has two Columbus locations, Pickerington and Hilliard. -Each location offers dedicated sensory friendly hours twice a month. -Consider completing a waiver online before you go to reduce wait time.
Notes:	

Rockin' Jump	
What They Do	Rockin' Jump has several attractions including a trampoline arena, slam dunk zone, warped wall, and dodgeball arena.
Process to Obtain Services	Complete a waiver and purchase a membership package or general admission pass. Special grip socks are required to participate.
Website	https://rockinjump.com/
Additional Information	<ul style="list-style-type: none"> -Rockin' Jump has two Columbus locations, Dublin and Westerville. -Red Oak hosts our annual Jump Event at the Dublin location. -Consider completing a waiver online before you go in order to reduce wait time. -It is recommended to check in online to ensure that your preferred jump time is available.
Notes:	

Moore Aquatic Abilities	
What They Do	Moore Aquatic Abilities provides adaptive aquatic and water safety skill lessons. Each instructor presently holds a college degree and has received additional training to work with individuals with special needs or learning differences.
Process to Obtain Services	Email mooreaquaticabilities@gmail.com or send a direct message through Facebook.
Website	At this time there is no website, however they do have an active Facebook page.
Additional Information	-Water safety skills are incorporated into every swimming lesson.
Notes:	

Rainbow Equine Center	
What They Do	Rainbow Equine Center offers a variety of opportunities including riding lessons, social-emotional based riding lessons, therapeutic riding, and sensory experiences.
Process to Obtain Services	Complete a booking inquiry form online.
Website	https://www.rainbow-equine.com/
Additional Information	-Located in Plain City, Ohio -Call (614) 584-0186 if you would like help determining which equine opportunity would be best for you.
Notes:	

Recreations Outlet	
What They Do	Recreations Outlet offers a variety of wooden play sets, professional grade basketball hoops, and trampoline allowing for a safe, indoor play environment.
Process to Obtain Services	Purchase a variety of passes or an annual membership.
Website	https://recreationsoutlet.com/pages/pay-to-play2
Additional Information	-Located in Powell, Ohio -Open 7 days a week
Notes:	

Recreation Unlimited	
What They Do	Recreation Unlimited provides comprehensive year round, wheelchair accessible sports, recreation, and education programming for individuals with disabilities and health concerns. Programs include year round respite weekend camps, summer and winter residential camps, summer day camps, and speciality camps.
Process to Obtain Services	Complete an online application by following the link below: https://app.campdoc.com/!/dn/login?r=recreationunlimited
Website	https://recreationunlimited.org/
Additional Information	-Located in Ashley, Ohio. -Contact information; email: info@recreationunlimited.org phone: (740) 548-7006 -Approved waiver provider through the Ohio Department of Developmental Disabilities (I/O, SELF and Level One Waivers). -Scholarship assistance available based upon request and individual need.
Notes:	

Special Olympics Ohio	
What They Do	Special Olympics Ohio offers programming throughout all 88 counties in the state. Their Traditional Sports include year round sports training and competition in 19 Olympic-type sports for children and adults with intellectual disabilities. Their Unified Sports works to promote social inclusion and meaningful connection. The Young Athletes program is for children aged 2-7 with and without intellectual disabilities focusing on basic sport skills and fundamentals.
Process to Obtain Services	Complete an athlete inquiry form online. https://airtable.com/appA5TkhZtavenYvF/shrq83IoiQFsZOzDW
Website	https://sooh.org/
Additional Information	-Zero cost to athletes.
Notes:	

Stockhands Horses for Healing	
What They Do	Offering a variety of programs, their therapeutic equine assisted riding lessons specifically may be adapted to support participants on the Autism spectrum. Lessons are adapted to individual skills and abilities and may include riding, grooming, horsemanship and a variety of both on- and off- horse activities and games.
Process to Obtain Services	Email: lessons@stockhands.org to begin the process of scheduling a lesson.
Website	https://www.stockhands.org/
Additional Information	-Located in Delaware, Ohio
Notes:	

The Miracle League - Central Ohio (Dublin) and New Albany	
What They Do	The Miracle League's mission is to provide every child the opportunity to play baseball. They utilize buddies, specialized equipment, and shorter playing times to help make baseball accessible for all.
Process to Obtain Services	See location respective websites below in order to register online for either league.
Website	New Albany: https://namiracleleague.org/ Central Ohio (Dublin): https://www.miracleleaguecentraloh.org/
Additional Information	-They have different age and ability groups to further maximize the accessibility of baseball for your child.
Notes:	

Valemee Fitness	
What They Do	Valemee is an innovative fitness program designed to support people with physical, neurological, developmental disabilities (as well as their caregivers) to achieve optimal health and fitness.
Process to Obtain Services	To become an athlete, call (614) 937-8309 or complete a contact form on their website. After you learn more about the Valemee approach to fitness and they confirm your wellness goals, they will schedule an assessment to gather some baseline information. Finally, Valemee will guide you to select the best training package for your goals.
Website	https://www.valemee.com/
Additional Information	-Home gym is in Dublin, Ohio -Valemee currently has partner gyms in Dublin, Westerville, Gahanna, Worthington, Hilliard and Powell. Additionally, they are looking to expand to Delaware.
Notes:	

Wendy's Gymnastics	
What They Do	Wendy's offers a variety of classes catered to a variety of age groups and skill levels as well as open gym sessions.
Process to Obtain Services	Register online for all classes and activities.
Website	https://www.wendysgymnastics.com/
Additional Information	<ul style="list-style-type: none"> -Located near Upper Arlington and The Ohio State University. -Review the FAQ page on their website for detailed enrollment and fee structure information. -Call (614) 486-8004 if you need guidance in determining which class would best fit your child's needs.
Notes:	

We Rock the Spectrum Kid's Gym - Columbus	
What They Do	This inclusive, sensory safe gym includes a variety of sensory and therapy equipment, a fine motor and craft area, a calming room and more. This location also offers care services including respite breaks and one to one attendant care.
Process to Obtain Services	Purchase a variety of packages or memberships online or in person.
Website	https://www.werockthespectrumcolumbus.com/
Additional Information	<ul style="list-style-type: none"> -Be sure to call (614) 396-8773 or check their FaceBook page for their daily schedule as a private event may be scheduled the day you plan to visit. -In order to decrease wait time, consider registering your child online ahead of time. -Your child's therapist is welcome to provide services on site.
Notes:	

Additional Local Organizations

Autism Society of Central Ohio (ASCO)	
What They Do	ASCO's mission is to "create connections, empowering everyone in the Autism community with the resources they need to live fully." They offer several support groups throughout Central, Ohio, programs, resources, and events to support individuals and caregivers.
Process to Obtain Services	ASCO is a non-profit. Access their website or Facebook page to tap into resources and events they offer.
Website	https://www.autismcentralohio.org/
Additional Information	Email info@autismcentralohio.org for additional information.
Notes:	

Beehive Alliance	
What They Do	Beehive Alliance is a non-profit organization dedicated to supporting pediatric mental and behavioral health issues. They are committed to raising funds and sharing resources so that all families can access necessary mental and behavioral health resources.
Process to Obtain Services	Reach out to Beehive Alliance by completing the contact form on their website: https://www.thebeehivealliance.com/contact
Website	https://www.thebeehivealliance.com/
Additional Information	-Their website offers several mental and behavioral health resources.
Notes:	

Columbus on the Spectrum	
What They Do	Their mission is to “create opportunities for and with neurodiverse people while building community, raising awareness, and centralizing resources for growing into the life we all deserve.” They offer skills groups, workshops, events and programs targeted for neurodiverse adults.
Process to Obtain Services	Join their mailing list on their website.
Website	https://www.columbusonthespectrum.com/
Additional Information	Email Mehri at columbusonthespectrum@gmail.com with any questions.
Notes:	

Easterseals Central and Southeast Ohio	
What They Do	Easterseals provides services for people with disabilities and/or special needs as well as support to their families. These services and resources include: Adult Day Services, Advocacy and Public Education, Early Childhood Education, Discovery Garden, Dolly Parton's Imagination Library, In-Home Services, Occupational Therapy, Physical Therapy, Social and Support Services, Speech Therapy and Summer Day Camp.
Process to Obtain Services	https://www.easterseals.com/centralohio/about-us/contact-us/
Website	https://www.easterseals.com/centralohio/
Additional Information	614-228-5523
Notes:	

Ohio Center for Autism and Low Incidence (OCALI)	
What They Do	OCALI is globally recognized for their work to inspire change and promote access through three principles: partnerships, policy, and practice. OCALI provides free online learning and training opportunities, provides several resources, and houses several centers.
Process to Obtain Services	Resources are free
Website	https://www.ocali.org/
Additional Information	While many centers are incredibly useful, click below for a link to their Autism Center: https://www.ocali.org/center/autism
Notes:	

Services

Boundless	
What They Do	<p>Boundless is a registered trade name used by affiliated nonprofit companies. The Boundless family of nonprofit companies provides person-centered care to children, adults, and families with intellectual and developmental disabilities and behavioral health challenges.</p> <p>I Am Boundless, Inc. offers temporary and long-term services, residential options, and family support resources to individuals with IDD.</p> <p>Boundless Health, Inc. provides integrated healthcare services, including mental health, behavioral health, primary and preventative healthcare, and dental care.</p> <p>Boundless Community Pathways, Inc. delivers personalized employment services and vocational training based on interests, skills, and individual abilities.</p>
Process to Obtain Services	<p>A provider may submit a referral or you may complete an appointment request by following the link below: https://iamboundless.org/whole-person-care/referrals-forms/boundless-referral</p>
Website	<p>https://iamboundless.org/</p>
Additional Information	<p>-Services are covered by Medicaid</p>
Notes:	

John Glenn International Airport Accessibility Programs	
What They Do	They offer several accessibility supports to make your travel experience a little easier. You may utilize a social story on their website that can be accessed and downloaded ahead of your trip. They offer a Journey Care Kit which provides resources for travelers with visible and hidden disabilities. Kits include sunflower-themed wristbands and lanyards that indicate to airport staff that someone might need additional assistance.
Process to Obtain Services	Email CustomerService@ColumbusAirports.com to have a Journey Care Kit sent to you.
Website	https://flycolumbus.com/passengers/accessibility/
Additional Information	-If you require access to a universal changing table while in the airport, call (614) 239-4029. -Learn more about the Hidden Disabilities Sunflower project by visiting their website: https://hdsunflower.com/
Notes:	

Sensory Suites LLC	
What They Do	Sensory Suites specializes in offering sensory friendly haircuts.
Process to Obtain Services	Contact Krystal through email or phone. Email: sensorsuites@gmail.com Phone: (330) 495-4982
Website	There is currently no website available. However they do have a Facebook page you may review.
Additional Information	-Located in Worthington
Notes:	